

Tommie Copper Sizing Information

MEN'S TOPS

INSTRUCTIONS FOR MEASUREMENT: MEASURE THE CIRCUMFERENCE UNDER ARMS, AROUND FULLEST PART OF CHEST. SHIRTS ARE TRUE TO TEE SHIRT SIZING. XLT SIZES RECOMMENDED FOR MEN 6'4" AND TALLER. EXTENDED SIZES NOT AVAILABLE IN ALL STYLES.

MEN'S TOPS SIZING

	S	M	L	XL	2XL	3XL
in.	34-37	37.5-41	41.5-44	44.5-48	48.5-52	52.5-56
cm	86-94	95-104	105-112	113-122	123-132	133-142

	4XL	5XL	6XL	1XLT	2XLT	3XLT
in.	56.5-60	60.5-64	64.5-68	44.5-48	48.5-52	52.5-56
cm	143-152	153-162	163-172	113-122	123-132	133-142



MEN'S BOTTOMS

INSTRUCTIONS FOR MEASUREMENT: USE EXISTING PANT SIZE OR MEASURE AROUND YOUR WAISTLINE-RIGHT ABOVE YOUR HIPS.

MEN'S BOTTOMS SIZING

	S	M	L	XL	2XL
in.	27-29	30-33	34-37	38-41	42-45
cm	71-74	76-81	84-91	96-102	107-112



MEN'S CORE BAND

INSTRUCTIONS FOR MEASUREMENT: MEASURE AROUND YOUR NATURAL WAISTLINE.

MEN'S CORE BAND SIZING

	M	L	XL	2XL
in.	28-30	32-34	36-38	40-42
cm	70-79	80-89	90-99	100-109



MEN'S SOCKS

INSTRUCTIONS FOR MEASUREMENT: CHOOSE SIZE ACCORDING TO YOUR SHOE SIZE. IF YOU HAVE WIDE FOOT, SIZE UP FOR COMFORT.

MEN'S SOCKS SIZING

US	6-8.5	9-11.5	12-14.5
EU	38-41	42-45	46-49



WOMEN'S TOPS

INSTRUCTIONS FOR MEASUREMENT: MEASURE THE CIRCUMFERENCE UNDER ARMS, AROUND FULLEST PART OF CHEST. SHIRTS ARE TRUE TO TEE SHIRT SIZING. EXTENDED SIZES NOT AVAILABLE IN ALL STYLES.

WOMEN'S TOPS SIZING

	XS	S	M	L	XL
in.	31.5-34	34.5-37	37.5-40	40.5-43	43.5-46
cm	80-86	87-94	95-102	103-110	111-117

	2XL	1X	2X	3X
in.	46.5-49	49.5-52	52.5-55	55.5-58
cm	118-124	125-132	133-140	141-147



WOMEN'S BOTTOMS

INSTRUCTIONS FOR MEASUREMENT: USE EXISTING PANT SIZE OR MEASURE AROUND YOUR WAISTLINE-RIGHT ABOVE YOUR HIPS.

WOMEN'S BOTTOMS SIZING

	XS	S	M	L	XL	2XL
Size	0-2	4-6	8-10	12-14	16-18	20-22
in.	24-26	26-28	28-30	30-33	33-36	36-39
cm	60-66	66-71	71-76	76-83	83-91	91-99



WOMEN'S CORE BAND

INSTRUCTIONS FOR MEASUREMENT: MEASURE AROUND YOUR NATURAL WAISTLINE OR USE YOUR EXISTING PANT SIZE.

WOMEN'S CORE BAND SIZING

	S	M	L	XL	2XL
in.	26-28	29-31	32-34	35-39	40-44
cm	66-71	73.5-79	81.5-86.5	89-99	101.5-112



WOMEN'S SOCKS

INSTRUCTIONS FOR MEASUREMENT: CHOOSE SIZE ACCORDING TO YOUR SHOE SIZE. IF YOU HAVE WIDE FOOT, SIZE UP FOR COMFORT.

WOMEN'S SOCKS SIZING

US	4-6.5	7-9.5	10-12.5	13-14.5
EU	34-37	38-41	42-45	46-49



KNEE SLEEVE

INSTRUCTIONS FOR MEASUREMENT: MEASURE THE CIRCUMFERENCE OF YOUR THIGH 5" OR 13CM ABOVE THE CENTER OF THE KNEE. IF YOU FALL BETWEEN MEASUREMENTS, SIZE UP FOR COMFORT OR DOWN FOR COMPRESSION.

KNEE SLEEVE SIZING

	S	M	L	XL	2XL
in.	14-15	15.5-17	17.5-19	19.5-21	21.5-23
cm	35-38	39-43	44-48	49-53	54-58

	3XL	4XL	5XL	6XL
in.	23.5-27	27.5-31	31.5-35	35.5-39
cm	59-67	68-78	79-89	90-99



CALF SLEEVE

INSTRUCTIONS FOR MEASUREMENT: MEASURE THE CIRCUMFERENCE OF YOUR CALF 1-2" BELOW BOTTOM OF KNEE CAP. IF YOU FALL BETWEEN MEASUREMENTS, SIZE UP FOR COMFORT AND DOWN FOR COMPRESSION.

CALF SLEEVE SIZING

	S	M	L	XL
in.	10-12	12-14	14-16	16-18
cm	25-31	31-36	36-41	41-46



ANKLE SLEEVE

INSTRUCTIONS FOR MEASUREMENT: MEASURE CIRCUMFERENCE FROM HEEL TO TOP OF FOOT, WHERE ANKLE BENDS, OR USE SHOE SIZE. IF YOU FALL BETWEEN MEASUREMENTS, SIZE UP FOR COMFORT OR DOWN FOR COMPRESSION.

ANKLE SLEEVE SIZING

	S	M	L	XL
in.	9.5-11.5	12-13	13.5-14.5	15-16.5
cm	24-29	30-33	34-37	38-42

MEN'S SHOE SIZING

	S	M	L	XL
US	4.5-5.5	6-8.5	9-11.5	12-14.5
EU	34-37	38-41	42-45	46-49

WOMEN'S SHOE SIZING

	S	M	L	XL
US	4-6.5	7-9.5	10-12.5	13-14.5
EU	34-37	38-41	42-45	46-49



ELBOW SLEEVE

INSTRUCTIONS FOR MEASUREMENT: MEASURE THE CIRCUMFERENCE OF YOUR ARM 5" OR 13CM ABOVE THE ELBOW JOINT-GENERALLY AROUND THE MIDDLE OF YOUR BICEP. IF YOU FALL BETWEEN MEASUREMENTS, SIZE UP FOR COMFORT OR DOWN FOR COMPRESSION.

ELBOW SLEEVE SIZING

	S	M	L	XL	2XL
in.	8-10	10.5-12	12.5-14	14.5-16	16.5-18
cm	20-26	27-31	32-36	37-41	42-46

	3XL	4XL	5XL	6XL
in.	18.5-20	20.5-22	22.5-24	24.5-26
cm	47-51	52-56	57-61	62-66



GLOVES

INSTRUCTIONS FOR MEASUREMENT: MEASURE THE CIRCUMFERENCE OF THE HAND, NOT INCLUDING THE THUMB, AS INDICATED IN THE DIAGRAM. PLEASE SIZE UP IF YOU FALL BETWEEN SIZES.

GLOVES SIZING

	S	M	L	XL
in.	6.5-7.5	7.5-8.5	8.5-9.5	9.5-10.5
cm	16.5-19	19-21.6	21.6-24	24-26.7

