

Fire-Dex® Measurement Guide

Fire-Dex® Sizing Gear is the most accurate way to measure a person. In the event that sizing gear is not available, follow the instructions below. Use the right side of the guide to mark sizes and not person's data.

- All measurements are taken with arms at sides and at an "at ease" stance.
- All measurements are taken with stationwear on.
- Do not use other manufacturers' measurements.

CHEST – Measure at chest, just below armpits. Bigger is usually better for fit and comfort. Even numbered sizes only, i.e. 32", 34", etc.
 *If using a Fire-Dex Sizing Chart for general sizing, we manufacture the larger of the two numbers in each category.

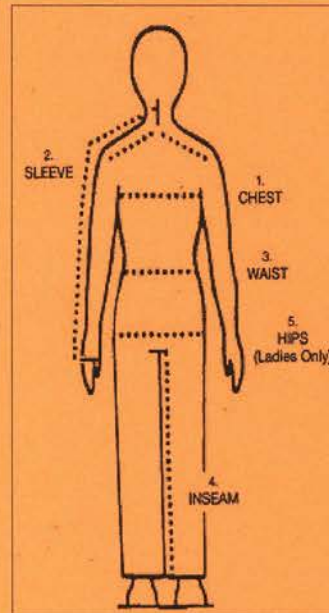
SLEEVE - Measure sleeve lengths from the middle of the back, from the vertebrae at the base of the neck, over the shoulder to the point on the hand that is required (generally done to the thumb crotch). Longer is usually better for protection. Do not bend arm.
 *On applicable gear, if a sleeve length is not specified, the standard sleeve length will be shipped.

WAIST - Waist is measured at point where pant will be worn. Bigger is usually better for fit and comfort. The inside of the pants, at the waist, will measure the dimension you place on the order. Even numbered sizes only, i.e. 32", 34", etc.
 * If using a Fire-Dex Sizing Chart for general sizing, we manufacture the larger of the two numbers in each category

INSEAM - Inseam is measured from the crotch to the point on the foot that is required.
 *On applicable gear, if an inseam is not specified, the standard inseam will be shipped.

SUSPENDERS - Suspenders are measured from the rear suspender post over the top of the shoulder to the front suspender post. Correct rise pants and rear bib size need to be used.

HIPS (ladies only) - Measure hips at widest point.



 Fire Department Name

 Firefighter Name

 Firefighter Signature (acceptance of sizing information)

CHEST	
SLEEVE	Std. - or - _____
WAIST	
INSEAM	Std. - or - _____
HIPS (ladies)	
HEIGHT	
WEIGHT	
SUSPENDERS	
GLOVE	
BOOT	

Tools used for measuring:
 ___ Tape measure
 ___ Fire-Dex® Sizing Gear

Boot measuring:
 ___ Brannock Device
 ___ Fire-Dex® Sizing Boots

Name patch to read (please print):
 Leave blank if no patch is ordered.

For Distributor Use Only
 Please email a typed Excel sizing spreadsheet to your Customer Service Representative along with your order.

 Measured by

 Today's Date

Fire-Dex[®] Sizing Charts

Assault[™], FX[™], Opportunity[™], and Proximity Gear all use custom sizing*.

*Chest and waist in even 2" increments with custom sleeve lengths and inseams.

Express Gear[™] Sizing

EXPRESS GEAR [™] SIZING INFORMATION					
Express COAT SIZING			PANT SIZING		
Size	Chest	Std. Sleeve	Size	Waist	Std. Inseam
SM	38"	32"	SM	32"	29"
MD	42"	34"	MD	36"	29"
LG	46"	35"	LG	40"	29"
XL	50"	35"	XL	44"	29"
2X	54"	36"	2X	48"	29"
3X	58"	36"	3X	52"	29"

*32" Inseam available upon request at no charge

Chieftain[®] Turnout Sizing

Chieftain Coat Sizing			Chieftain Pant Sizing		
Size	Chest	Std. Sleeve	Size	Waist	Std. Inseam
SM	38"	32"	SM	32"	29"
MD	42"	34"	MD	36"	29"
LG	46"	35"	LG	40"	29"
XL	50"	35"	XL	44"	29"
2X	54"	36"	2X	48"	29"
3X	58"	36"	3X	52"	29"
4X	62"	37"	4X	56"	29"

***Custom sleeve and inseam lengths are available upon request. If unspecified, standard will be shipped.

Extrication Sizing

Extrication Jacket Sizing			Extrication Pant Sizing		
Size	Chest	Std. Sleeve	Size	Waist	Std. Inseam
XS	32-34"	31"	XS	26-28"	29"
SM	36-38"	32"	SM	30-32"	29"
MD	40-42"	33"	MD	34-36"	29"
LG	44-46"	34"	LG	38-40"	29"
XL	48-50"	35"	XL	42-44"	29"
2X	52-54"	36"	2X	46-48"	29"
3X	56-58"	37"	3X	50-52"	29"
4X	60-62"	38"	4X	54-56"	29"

***Custom sleeve and inseam lengths are available upon request. If unspecified, standard will be shipped.

Extrication Coverall Sizing				
Size	Chest	Std. Sleeve	Std. Inseam	Torso Length
XS	34"	31"	30"	Short (-1")
SM	38"	32"	30"	Regular
MD	42"	33"	30"	Tall (+1")
LG	46"	34"	30"	
XL	50"	35"	30"	
2X	54"	36"	30"	
3X	58"	37"	30"	
4X	62"	38"	30"	

Wildland Sizing

Chieftain Wildland Jacket Sizing			Chieftain Wildland Pant Sizing		
Size	Chest	Std. Sleeve	Size	Waist	Std. Inseam
SM	35-38"	33"	SM	27-30"	29"
MD	39-42"	34"	MD	31-34"	29"
LG	43-46"	35"	LG	35-38"	30"
XL	47-50"	36"	XL	39-42"	31"
2X	51-54"	36"	2X	43-46"	31"
3X	55-58"	36"	3X	47-50"	31"
4X	59-62"	36"	4X	51-54"	31"

***Custom sleeve and inseam lengths are available upon request. If unspecified, standard will be shipped.

Chieftain Wildland Coverall Sizing			
Size	Chest	Std. Sleeve	Std. Inseam
XS	34"	32"	28"
SM	38"	33"	29"
MD	42"	34"	29"
LG	46"	35"	30"
XL	50"	36"	31"
2X	54"	36"	31"
3X	58"	36"	31"
4X	62"	36"	31"

EMS and USAR Sizing

EMS & USAR Jacket Sizing			EMS & USAR Pant Sizing		
Size	Chest	Std. Sleeve	Size	Waist	Std. Inseam
SM	36-38"	35"	SM	30-32"	30"
MD	40-42"	35"	MD	34-36"	30"
LG	44-46"	36"	LG	38-40"	30"
XL	48-50"	37"	XL	42-44"	30"
2X	52-54"	38"	2X	46-48"	30"
3X	56-58"	38"	3X	50-52"	30"
4X	60-62"	39"	4X	54-56"	30"

* Available in 29" and 33" coat lengths

***Custom sleeve and inseam lengths are available upon request. If unspecified, standard will be shipped.